

Sign Up for The Canalway Challenge

1. Go to <https://eriecanalway.org/explore/challenge>, click on “SIGN UP” and then click “Join A Challenge”.

The screenshot shows the ERIE CANALWAY website header with navigation links: EXPLORE, LEARN, GET INVOLVED, FIND RESOURCES, GALLERY, OUR WORK, SHOP, and a search icon. Below the header is a yellow bar with links: SIGN UP, LOG IN, IDEAS FOR LOGGING MILES, TRACK YOUR MILES, FINISH LINE, and FAQs. The main content area is titled 'Welcome To The Canalway Challenge' and features a 'Join A Challenge' form. The form includes fields for 'Email Address' and 'Join Code', a 'Personal Mileage Goal?' dropdown menu set to '1 miles', and a section for selecting a challenge type with radio buttons: 'Cycle the Erie Canal bike tour (Parks & Trails NY)', 'Journey Along the Erie Canal', 'First Mile', and 'Yes! I have read and agree to the following Canalway Challenge participant agreement.' A 'Join Challenge' button is at the bottom of the form.

2. Use **Walk!Bike!Brockport! 2021**'s JOIN CODE: **60932a0d**.
3. Fill out your brief personal information. Your screen will look like this when you finish setting up your account and each time you log back in. You will receive a personal Canalway Challenge link URL to access your account and log your miles.

My Challenges

[Add or Join Another Challenge](#)

YEAR	CHALLENGE	PROGRESS	ACTIONS
2021	Walk! Bike! Brockport! 2021 Organization 2 members Join Code: 60932a0d	0% <div style="width: 0%; height: 10px; background-color: #ccc;"></div>	LOG MILES I FINISHED!

To log back in, use your personal Canalway Challenge link URL and your Email Address when you signed up.

Track Your Miles

Your registration includes a **free online mileage log** to tally your miles. Use your **LOG IN LINK** to access your Challenge and begin logging miles.

FORGOT YOUR LINK? Go to Sign Up, enter your email, and click "RESEND MY LINK." You'll receive your link via email right away.)

Use your own fitness app or GPS-based bike computer to calculate your miles on the waterway and Canalway Trail. There are several good apps that use GPS-based tracking systems to record your route, distance, speed, and more.



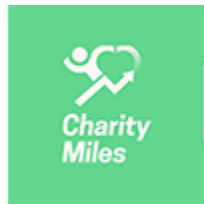
[Map My Run](#)



[Map My Ride](#)



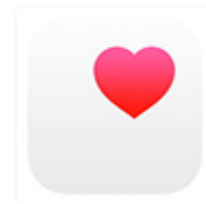
[Strava](#)



[Charity Miles](#)



[Runkeeper](#)



[iPhone Health](#)

If you'd prefer to go old school, you can also print out a [MILEAGE TRACKING WORKSHEET](#), put it up on your refrigerator, and tally your miles that way.

Check out the [NYS Canals Map](#) for information regarding centers, trail sites, boat rentals, and more!